

## Presentation

**Dance Movement Therapy (DMT) is defined as the psychotherapeutic use of movement and dance within a process that promotes the psychophysical growth of the individual. It is based on the connection between motion and emotion and works with the body and its own language.**

**This Postgraduate Degree has been created to meet the increasing demand of health, education and movement professionals who seek to know more about DMT. It does not offer training in DMT itself, but a wide introduction covering its application, some of its techniques and tools. The students of this Postgraduate Degree will learn about the techniques used to DMT in order to integrate them within their professional and personal needs, without having to cover the number hours of clinical practice and supervision. Once the Postgraduate Degree is finished and after an interview with the coordinators of the course it is possible to pursue training in DMT with the Master's Degree.**

**This fourth promotion of the postgraduate course consists in theoretical and experiential classes with a total of 30 ECTS. The schedule of the Postgraduate Degree will include 10 weekends, once a month on Saturday and Sunday for 8 hours a day and an intensive week in the summer of 40 hours.**

**Since 2007 it forms part of ECARTE (European Consortium for the Arts in Education), the European Network for university courses in Creative Arts Therapies.**

## Objectives

To give a wide introduction to DMT for professionals of psychology, pedagogy, medicine, social work, occupational therapists, dance and movement teachers, etc.

To offer basic knowledge about DMT.

## **Duration of the Postgraduate Degree**

**The course has a duration of one year:**

**From October 2009 to July 2010.**

**The schedule for the Postgraduate Degree this year will include:**

- **Ten weekends: once a month on Saturday and Sunday during approximately 8 hours a day.**
- **An Intensive week of approximately 40 hours in the summer (first week of July 2010).**

## Contents of the course

<b>Theory</b>	<b>Total 1st Year</b>
<b>Module 1</b>	<b>10 ECTS</b>
<b>Movement observation and analysis</b>	<b>6,00</b>
<b>Movement observation and analysis: Clinical Applications</b>	<b>2,25</b>
<b>Anatomy of Movement</b>	<b>1,75</b>
<b>Module 2</b>	<b>10 ECTS</b>
<b>Dance Movement Theory: history and theory</b>	<b>2,50</b>
<b>Dance Movement Theory: child skills</b>	<b>1,25</b>
<b>Dance Movement Theory: adult skills</b>	<b>2,25</b>
<b>Preparation: Dance Movement Theory</b>	<b>4,00</b>
<b>Module 3</b>	<b>10 ECTS</b>
<b>Psychotherapy: intro to theory &amp; practice</b>	<b>2,25</b>
<b>Psychology: developmental perspectives</b>	<b>3,00</b>
<b>Group Psychology: group dynamics</b>	<b>2,25</b>
<b>Psychopathology</b>	<b>2,50</b>
<b>POSTGRADUATE TOTAL ECTS</b>	<b>30 ECTS</b>

## Teaching staff

**Campus Virtual - Autònoma Interactiva** will be used as a complementary working tool to the training, coordination and communication between faculty and students. It is vital for all students to have access to internet.

### Coordination of the course:

**Dr. Joan Carbonell**  
Vice-chancellor of Students and Cultural Promotion.  
Universitat Autònoma de Barcelona.

**Heidrun Panhofer, MA DMT**  
Co-Founder and ex-President of the Asociación Española de Danza Movimiento Terapia - ADMTE. Editor of the first Dance Movement Therapy book in Spanish «El cuerpo en psicoterapia. La teoría y práctica de la Danza Movimiento Terapia.»  
Lecturer in various Postgraduate and Master's Degrees in Spain and foreign countries. Master's Degree, Laban Centre for Movement and Dance, London City University. Degree in Dance (Scoil Stiofain Naofa-Cork, Ireland). Special Pedagogy graduate (Pädagogische Akademie, Graz, Austria).

**Assumpta Ratés**  
Bachelor's Degree in Physical Education (INEFC)  
Teacher's Degree, Primary Education Specialist (Universitat Autònoma de Barcelona).  
Degree in Contemporary Dance (Instituto del Teatro of the Diputación de Barcelona).  
Head of Projects/Activities, Servei d'Activitat Física (Universitat Autònoma de Barcelona).  
Head of Aula de Dansa-Cultura en Viu. Universitat Autònoma de Barcelona.

## Teaching staff

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## From the Autonomous University of Barcelona - UAB:

**Dra. Neus Barrantes-Vidal**  
PhD in Psychology, Autonomous University of Barcelona - UAB.

Master en Psychopathology for children and infants, UAB  
Lecturer in the field of evaluation, personality and psychological treatment, Faculty of Psychology, Autonomous University of Barcelona - UAB.

**Dr. Josep Maria Blanch**  
Professor for Social Psychology, Autonomous University of Barcelona - UAB.  
Department of Social Psychology.  
Àrea de Psicologia Social.

**Dra. Carme Brun i Gasca**  
PhD in Psychology, Autonomous University of Barcelona – UAB.  
Specialist in language and hearing disorders (Logopedia-Autonomous University of Barcelona - UAB).  
Associated lecturer at the Faculty of Psychology, Autonomous University of Barcelona – UAB.  
Psychologist at the Department for Neuropediatrics at the Hospital Tauli de Sabadell.

**Isabel Crespo**  
Associated lecturer at the Autonomous University of Barcelona - UAB  
Department of Psychology of Education. Àrea de Psicologia Evolutiva y de la Educación.

**Dr. Miquel Domènech**  
Lecturer at the Autonomous University of Barcelona - UAB.  
Department for Social Psychology.  
Àrea de Psicologia Social.

**.Dra. Maria Lluïsa Fabra**  
Lecturer at the Autonomous University of Barcelona - UAB.  
Department of Applied Education.

## **Àrea de Didàctica y de Organización Educativa.**

**Dra. Mercè Jódar Vicente**

**Lecturer for clinical neuropsychology at the Autonomous University of Barcelona – UAB.**

**Clinical neuropsychologist at the Hospital de Sabadell, Department for Neurology.**

**Dr. José Luis Lalueza**

**Lecturer at the Autonomous University of Barcelona - UAB.**

**Department for Educational Psychology.**

**Àrea de Psicologia Evolutiva y de la Educación.**

**Dra. Aurora Leal**

**Lecturer at the Autonomous University of Barcelona - UAB.**

**Department for Educational Psychology.**

**Àrea de Psicologia Evolutiva y de la Educación.**

**Dra. Mercè Mitjavila**

**Lecturer at the Autonomous University of Barcelona - UAB.**

**Department for Clinical Psychology.**

**Psychoanalyst and member of SEP. Àrea de Personalidad, la Evaluación y de Tratamientos Psicológicos.**

**Dr. Jordi Obiols**

**Professor at the Department of Clinical Psychology at the Autonomous University of Barcelona - UAB.**

**Coordinator of Postgraduate Studies for Clinical Psychology.**

**Department of Clinical Psychology.**

**Àrea de la Personalidad, la Evaluación y de Tratamientos Psicológicos.**

**Jordi Vicens i Vilanova**

**BA in Psychology, Autonomous University of Barcelona - UAB.**

**Master en Neuropsychology.**

**Postgraduate in Rehabilitation of Aphasias.**

**Psychologist in the Psychiatric Hospital in Sant Gervasi, Barcelona.**

**Associated lecturer at the Autonomous University of Barcelona - UAB.**

## Teaching staff

**Campus Virtual - Autònoma Interactiva** will be used as a complementary working tool to the training, coordination and communication between faculty and the students.

## Teaching staff from the Spanish Association of DMT (ADMTE):

**Dra. Rosemarie Cammany, MA CAT**  
PhD in Sociology de la Salut (Universitat de Barcelona).  
BA in Medicine (Autonomous University of Barcelona - UAB).  
Master in Creative Arts Therapies (Hahneman University, Filadelfia).  
Master in Human Resources and Marketing (Polytechnic University of Madrid).  
Co-founder of the ADMTE, Barcelona.

**Heidrun Panhofer, MA DMT**  
Co-founder and ex-president of the Spanish Association for DMT – ADMTE.  
Editor of the first book on DMT in Spanish «The body in psychotherapy. Theory and practice of Dance Movement Therapy.»  
Associate lecturer in various postgraduate courses in Spain and abroad.  
Master in DMT, Laban Centre for Movement and Dance, London City University.  
Diploma in dance (Scoil Stiofain Naofa – Cork, Irlanda).  
Special educational needs teacher (Pädagogische Akademie, Graz, Austria).

**Annebijn Jansen**  
Master in Human Movement Sciences, Vrije Universiteit Amsterdam, Holanda.  
Master in Dance Movement Therapy, Hogeschool voor Muziek en Dans, Rotterdam, Holanda.  
Member of NVDAT (Dutch Dance Movement Therapy Association).  
Member of ADMTE (Spanish Dance Movement Therapy Association).

**Silvina Gimpelewicz**  
Body psychotherapist.  
Trained in Gestalt, Reichian Approaches and Corporal Analysis

**Specialist in Eating Disorders.**

**Author and lecturer for several psychology related issues.**

**Member of ACAB and associated member of ADMTE.**

**Elena Dueso Pla, MA DMT**

**President of the ADMTE.**

**BA in Medicine (Universidad de Barcelona).**

**Diploma in Contemporary Dance (Institut del Teatre -**

**Diputació de Barcelona).**

**MPhil in Arts (Autonomous University of Barcelona – UAB).**

**Associated Member of 'Association Européenne des**

**Practiciens de l'Expression Primitive/F.S.B.**

**Master in DMT, Autonomous University of Barcelona -**

**UAB.**

**Teresa Bas, MA DMT**

**BA in Psychology and Master in Psychotherapy**

**(Universidad de Barcelona - UB.**

**Trained in Contemporary Dance (Institut del Teatre-**

**Diputació de Barcelona).**

**Master in DMT, Autonomous University of Barcelona –**

**UAB.**

**Treasurer of the ADMTE.**

## Teaching staff

**Campus Virtual - Autònoma Interactiva** will be used as a complementary working tool to the training, coordination and communication between faculty and students.

### Invited teaching staff:

**Dra. Connie Capdevila Brophy**  
Clinical Psychologist.  
Master in child and adolescent pathology (Autonomous University of Barcelona – UAB).  
Psychotherapist for couples and families, Ackerman Institute for Family Therapy, New York.  
Family mediator. Alcoholism Counselor, Addictions Counselor, U.S.

**Sue Curtis M.A. SrDMT**  
Course coordinator of the MA in DMT at the Goldsmith University – University of London.  
Senior registered Dance Movement Therapist specialising in working with children and young people, with emotional, physical and learning difficulties, in mainstream and special schools.  
M.A. Dance Movement Therapy course at Goldsmiths – University of London.

**Dra. Diana Fischman**  
PhD in Psychology (Universidad de Palermo, Argentine).  
Ex-president of the Argentine Dance Therapy Association (2000-2004).  
Director of the Centro Brecha and the Training Programme of DMT at Buenos Aires, Argentine.  
Training in bioenergetics with Dr. Alexander Lowen and Dr. Leonard Hochman in New York.  
Didactical Member of the American Dance Therapy Association, ADTR (2000).

**María Elena García**  
Vice-president of the Italian Association of DMT – APID.  
Psychologist and psychotherapist (Registered at the College of Lazio, Italian)  
Dance movement therapist, art psychotherapist (Goldsmith College, London).  
Lecturer at the training programme in DMT at the Art Therapy Italian.

**Dra. Margaret Hills**  
**PhD in International Health (Queen Margaret University Collage, Edinburgh).**  
**Master en Educational Psychology (University of Edinburgh).**  
**Training in Art Psychotherapy (Universidad de Londres).**  
**Group Analyst (Instituto Escocés de Relaciones Humanas).**  
**BA in Arts (Griy's School of Art, Aberdeen).**

**Dra. Vassiliki (Vicky) Karkou**  
**PhD in Creative Arts Therapies, The University of Manchester.**  
**Master in Education (M.Ed.) in Creative Therapies, The University of Manchester.**  
**Postgraduate Degree in DMT, Roehampton University.**  
**Lecturer in Creative Arts Therapies, Queen Margaret University College, Edinburgh UK.**  
**Post-doctoral researcher, University of Hertfordshire, Hatfield UK.**

**Dr. Sabine C. Koch , M.A., DTR,**  
**BA in Psychology (Universität Heidelberg, Alemania)**  
**Master in DMT (Hahnemann University Philadelphia).**  
**Author of the book "The Kestenberg Movement Profile - Interrater-Reliability of Novice Raters."**  
**Lecturer at the Department of Psychology, Universität Heidelberg.**  
**Specialist in non-verbal and verbal communication in the professional life of men and women, embodiment and creative arts therapies.**

**María Carmen Legaspi**  
**Presidenta de la Asociación Mexicana de Danza Terapéutica.**  
**Master en DMT (Laban Centre – London City University) UK .**

**Dra. Josefina López**  
**PhD in Psychology (Universitat de Barcelona).**  
**BA in Psychology (Universitat de Barcelona).**  
**Psychoanalytical psychotherapist.**  
**Former director of the training programme of the Catalan Association of Analytical Psychotherapy (ACPP), Barcelona.**  
**Founding member of the ACPP, AEPP and member of the EFPP.**

**Carmen Martín Cuadrado**  
**BA in Psychology (Universidad Pontificia de Salamanca).**

**Psychotherapist and Jungian Analyst graduated at the Institut C. G. Jung, Zürich.**

**Member of the International Association of Analytical Psychology (IAAP).**

**Àngels Massagué**

**Diploma in Sciences of Education, UAB.**

**Trained in Anatmoy for Movement, Sensorial Consciousness, Conscious Gymnastics and Expression and Dance.**

**Member of the Group from Blandine Calais-Germain, creator of the methodology of Anatmony for Movement.**

**Dra. Melissa Mercadal**

**BA in psychology. Master in musictherapy.**

**Coordinator of the Postgraduate and Master programme of Musictherapy, Universitat Ramon Llull.**

**Musictherapist at the Centre Clínic de Musicoteràpia.**

**Francisco Sainz Bermejo**

**Psychologist. Psychotherapist. Psychoanalist.**

**Member of the Catalan Association of Psychoanalytical Psychotherapy (ACPP), Spanish Society of Psychoanalysis (SEP) & International Psychoanalytical Association (IPA).**

**Associated lecturer for Social Work, Universitat de Barcelona.**

**Supervisor in Public Mental Health Institutions.**

**Responsible for the group of relational and social psychoanalysis.**

**Elisabet Sánchez Caroz**

**BA in Therapeutic Education (Autonomous University of Barcelona – UAB).**

**Postgraduate in Musictherapy (Instituto de Música, Arte y Proceso, Vitoria-Gasteiz)**

**Musictherapist in the Special Educational Centre Carrilet.**

**Lecturer in the postgraduate for musictherapy at the Instituto de Música Arte y Proceso Vitoria-Gasteiz.**

**Dr. Vincenzo Puxedo**

**Phd in Medicine, specialist in rehabilitation.**

**BA in Dance and Psychotherapy through Dance at Sorbonne Université, Paris.**

**President of de the Italian Association of DMT, APID.**

**Lecturer at the Master of Art Therapy, Universidad Paris V – René Descartes.**

**Director of the Training programme of DMT**

**Danzamovimientoterapia Integrada ® Milano-Cagliari-**

**Palermo.**

**Peter Zelaskowski**

**BA (Hons), PGCE, Dip. Gr. Psych,  
Group psychotherapist (Goldsmith Colleague – London City  
University).**

**BA in Philosophy and Political Studies.**

**Lecturer in the Master of Art Therapie, Universidad de  
Barcelona.**

**Member of Barcelona Network of English Therapists.**

## Admission requirements

This course is aimed at applicants holding a Bachelor's Degree and professionals of psychology, pedagogy and medicine and other graduates or professionals with experience in dance and/or expressive movement. Other professionals without university qualification, with previous assessment of their curriculum vitae, can also apply and obtain the Master's Degree Title.

To be able to read English without many difficulties.

To undertake a personal psychotherapeutic process during the course.

To have done a Dance Movement Therapy introductory course (See below).

An oral and movement interview (See below).

## Dance Movement Therapy Introductory Course:

- **INTENSIVE COURSE JULY 2009: INTRODUCTORY COURSE IN DMT (UAB) and interview for the Master's Degree and Postgraduate Degree. 11/12th of July 2009.**

**Time: Saturday 10:00 am to 2:00 pm and 3:30 pm to 7:00 pm. Sunday 10:00 am and 12:00 am.**

**Location: Facultat de Ciències de l'Educació de la UAB. Universitat Autònoma de Barcelona.**

**Fee: 125 €.**

**Telephone: 93 586 8028 Tuesday and Thursday from 5.15 pm – 7.15pm.**

- **INTENSIVE COURSE OCTOBER 2009: INTRODUCTORY COURSE IN DMT (UAB) and**

**interview for the Master's Degree and Postgraduate Degree.  
03/04th October 2009.**

**Time: Saturday 10:00 am to 2:00 pm and 3:30 pm to 7:00 pm. Sunday 10:00 am to 12:00 am**

**Location: Facultat de Ciències de l'Educació de la UAB.  
Universitat Autònoma de Barcelona**

**Fee : 125 €**

**Telephone: 93 586 8028 Tuesday and Thursday from 5.15 pm – 7.15pm**

**July and October intensive courses: payment should be made via bank transfer to the following bank account of the Dance Movement Therapy Master's Degree.**

**Bank details for Spain:**

**Caixa Catalunya  
Oficina 0692 Universitat Autònoma  
Código Cuenta: 2013 0692 86 0201677434**

**For international transfers, the following international bank codes must be used:**

**IBAN code: ES 41 2013 0692 86 0201677434**

**Send the registration form to the following fax number: (34) 93 581 30 99**

**Important note: The maximum number of people in the introductory course is 30. The registration will be finalized once we receive both proof of the payment via fax (fax (34) 93 581 3099) and the registration form.**

**For the interview you must apply via e-mail at ([master.dmt@uab.es](mailto:master.dmt@uab.es)) and attach a curriculum vitae detailing your educational degrees and professional experience along with a description of the courses or experiences related to the world of dance movement therapy or similar.**

[introductory registration form \(word\)](#) from July to October

[introductory registration form \(.pdf\)](#)

## Interviews:

The interviews will begin on Sunday, 12th of July and on Sunday, 4th of October 2009 at 12 am in the same *Facultad de Ciencias de la Educación*.

Send your curriculum vitae to the following e-mail address [master.dmt@uab.es](mailto:master.dmt@uab.es) in order to register for an interview.

In case you have a problem with the form, here are the details you are asked for:

Name  
Surname  
Address  
Postal Code  
Town  
Country  
Phone  
Official Degrees  
Other Courses  
E-mail

## Registration for the Postgraduate Degree

**Pre-enrollment: from 14/07/08 to 12/09/08**

**Registration: from 15/09/08 to 10/10/08**

**Escola de Postgrau, Secretaria Estudis Propis, Edifici U, "Masia", Campus of the Universitat Autònoma de Barcelona, 08193 Bellaterra (BCN), Telephone: 93 581 24 91, Fax: 93 581 31 27, e-mail: [edfc.formcont@uab.es](mailto:edfc.formcont@uab.es)**

**Fee :**

**There are two categories :**

**Medicine or Psychology graduates with experience in clinical practice can choose if they want to take the subject of Psychopathology. For the rest of students this subject is compulsory.**

**Total fee for the first year is 2,800 € for those who do not take psychopathology.**

**Total fee for the first year is 2,700 € for those who take all the subjects of the Postgraduate Degree.**

**For those students who, after successful completion of the postgraduate degree, wish to continue with the master, the second year of the master has a total cost of 2.800 €.**

**Max. places: 10 – 20.**

**Once the course is full people will be placed on a waiting list.**

## Schedule

### Provisional dates for the Postgraduate Degree:

**24 – 25th October 2009**  
**14 – 15th November 2009**  
**12 – 13th December 2009**  
**9 – 10th January 2010**  
**6 – 7th February 2010**  
**27 – 28th February 2010**  
**20 – 21th March 2010**  
**17 – 18th April 2010**  
**15 – 16th May 2010**  
**12 – 13th June 2010**

**Intensive Week: 5 – 9th of July 2010**

**Time table: Saturdays and Fridays from 9 am to 1:15 pm  
and from 2:30 pm to a 7 pm.**

**We reserve the right to make slight changes.**